

CHICAGO STATE UNIVERSITY

Counseling Department Outreach Program
Domestic Violence Awareness Month

A virtual afternoon of support and healing for survivors of sexual violence and their allies



eliminating racism empowering women



metropolitan chicago

October 8, 2020 12:45p - 1:45p

To register contact Dr. Tonya Hall at CDOP@csu.edu

Surviving Something is a workshop about navigating what we've survived. What has always been true and is becoming more and more amplified these days is that we're all surviving something. From generational trauma to institutional brutality, we're in a cultural moment of confronting that which needs to be called out into the open, examined and ultimately healed.

During this workshop we'll

During this workshop we'll explore the work of local Chicago writers to inspire us to write our own pieces exploring the power, beauty and necessity of both resilience and resistance.